



Our Safe Place – South Bay

February 2021

Purple= Zoom Groups
(email for codes)
Blue = Drop-In Services

South Bay Community Services—Trolley Trestle Youth Hub 746 Ada St., Chula Vista CA 619-628-2444 oursafeplace@csbcs.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1. Youth Check-in 3PM Trivia 5PM	2. Homework Help 3PM Glam Up 5PM	3. Youth Chat (Black History Month) 4PM Game Night 6PM	4. Youth Check-in 3PM Scattergories 5PM	5. Youth Chat (Open Discussion) 4PM Movie Night 5PM	6. Game Night 4PM
7. Pictionary 4PM	8. Youth Check-in 3PM Trivia 5PM 	9. Homework Help 3PM New Youth Open House 5PM	10. Youth Chat (Processing 2021) 4PM Game Night 6PM	11. Youth Check-in 3PM Scattergories 5PM	12. Youth Chat (Open Discussion) 4PM Movie Night 5PM	13. Game Night 4PM
14. Pictionary 4PM 	15. Youth Check-in 3PM Trivia 5PM	16. Homework Help 3PM Glam Up 5PM 	17. Youth Chat (Aromantic Awareness Week) 4PM Game Night 6PM	18. Youth Check-in 3PM Caregiver Orientation 6PM	19. Youth Chat (Open Discussion) 4PM Movie Night 5PM	20. Game Night 4PM
21. Pictionary 4PM	22. Youth Check-in 3PM Trivia 5PM	23. Homework Help 3PM Spanglish Group 5PM	24. Youth Chat (Music & Art) 4PM Game Night 6PM 	25. Youth Check-in 3PM Scattergories 5PM	26. Youth Chat (Open Discussion) 4PM Movie Night 5PM	27. Game Night 4PM
28. Pictionary 4PM 						

Monday-Sunday: 12pm - 8pm



Our Safe Place Group Index

South Bay Community Services—Trolley Trestle Youth Hub

746 Ada St. Chula Vista CA

619-628-2444

Youth Chat	Game Night	Pictionary	Movie Night/Binge Watch	Scattergories	Homework Help
Peer-led support group to discuss topics such as: gender identity, coming out, mental health, skill building and more!	Wednesdays are virtual game nights at OSP! Join in on your phone to play Jackbox Tv and other games online	Test your drawing skills with a draw and guessing game!	We will all watch the same movie and have an online discussion about the story and impact of the movie/tv show	Come play this creative-thinking, category-based game with friends	School is back in session. Join us for assistance with your new classes
Youth Check-in	Glam Up	Trivia	Spanglish Group	Caregiver Orientation	Essential Services
Let's check-in over the phone about your mental health? How are you coping? We will chat about healthy coping skills and positive self-talk	Tuesday nights are for expressing yourself through skin care, makeup, and hair. Teach and learn about self-care through glam	Test your knowledge with a game of LGBTQ+ Trivia on Kahoot	This is a space for youth to talk about their experience and reflect on living in the South Bay. Topics covered include Latinx, acceptance, traditions, customs, and language.	A monthly group for caregivers to learn about OSP services and understand how to accept and affirm their LGBTQ+ children	Housing/Shelter needs & resources, emergency food, PPE or other COVID related items needed for the youth
Aromantic Awareness Week	New Youth Open House				
During the week, LGBTQ groups worldwide hold events to raise awareness of aromanticism and show support for people on the aromantic spectrum.	A space for new youth to meet staff and peers. This is an opportunity for youth to become familiar with OSP's virtual services				